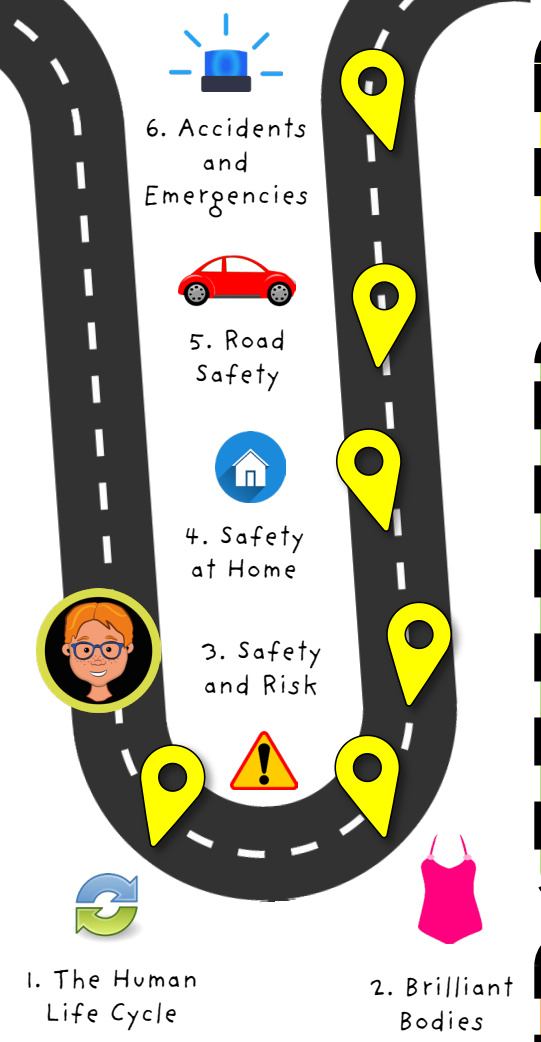


Progression and Golden Thead

In this Year 2 Health and Wellbeing unit, we will learn about ways to keep ourselves and others safe. We will explore how to stay safe in different situations and learn how to call the emergency services if we need help. This builds on what we learned in EYFS when we talked about road safety and community helpers. We will revisit these ideas in Year 4, when we learn about safety in more depth and begin to study basic First Aid.

Staying Safe



Some things at home can be dangerous.
Never touch medicines, cleaning sprays, batteries, matches, or hot things like irons and cookers.
Always ask a grown-up for help.

Key Terms

Dangerous	**Something that can hurt you or make you unsafe.**
Risk	**The chance that something could go wrong or someone could get hurt.**
Emergency	**When someone is badly hurt or needs help right away.**
Emergency Services	**People who help in an emergency, like the police, ambulance and fire service.**
Accident	**When something happens by mistake and someone might get hurt or something gets broken.**
Road Safety	**Staying safe when walking near or crossing the road.**
Crossing	**A safe place to cross over the road.**

Safe Places to Cross

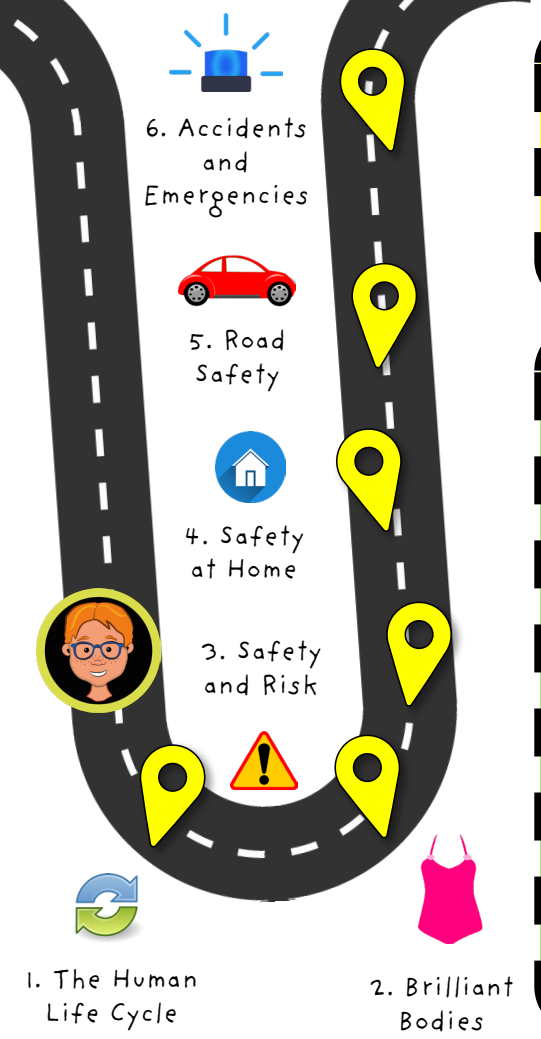


Emergency Helpers



In an emergency dial 999.

YEAR 2 – SUMMER 1 HEALTH AND WELLBEING KNOWLEDGE ORGANISER

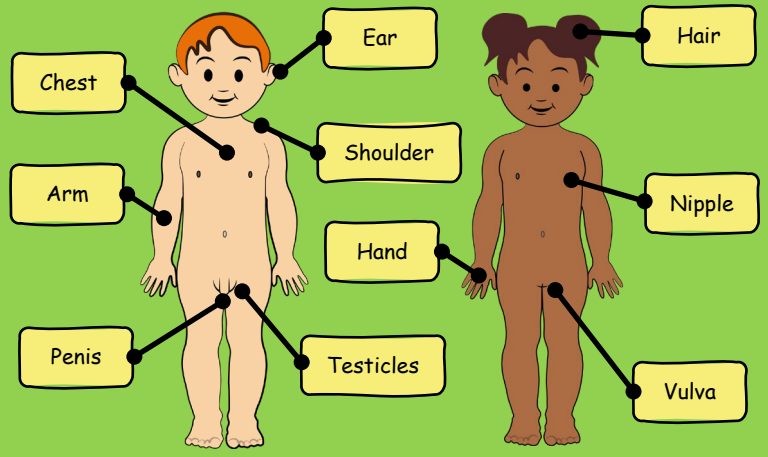


Progression and Golden Thead

In this Year 2 Health and Wellbeing unit, we will learn about the human life cycle, the names of different body parts, and the importance of keeping private parts private. We will discuss why it is important to use the correct words for our private parts and introduce the 'swimwear rule' to help us understand body safety. This builds on learning from EYFS and Year 1, when we were first introduced to these ideas. We will now explore them in more detail, learning new vocabulary to help prepare us for safeguarding and growing-and-changing topics in lower Key Stage 2.

Naming Body Parts

We should always use the correct words when we talk about our body parts.



Key Terms

The Human Lifecycle	How humans grow and change from being a baby, to a child, to an adult, and an elderly person.
Baby	A very young child who has just been born
Child	A young person who is growing and learning, usually between about 4 and 11 years old.
Adolescent	A young person who is growing into an adult, usually between about 11 and 18 years old.
Adult	A fully grown person, usually over 18 years old.
Body Parts	The different parts of our body, like our head, arms, legs, and stomach.
Private	Something that belongs to you and is not for other people to see or share.
Private Parts	The parts of your body that are covered by your underwear or swimming costume.

Private Body Parts

Testicles | Penis | Vulva

Some of our body parts are private. Private means just for us. Your private parts are covered by your underwear.

The Swimwear Rule



Nobody should touch the parts of your body that are covered by your swimming trunks or swimming costume.



If you feel worried about something private or need help, you can ask a trusted grown-up, like a parent or doctor.

YEAR 2 – SUMMER 1 HEALTH AND WELLBEING KNOWLEDGE ORGANISER